

“All We Have To Fear Is Fear Itself”

By Dale D. Robins

This quote is a famous statement from President Franklin D. Roosevelt as he dealt with the difficulties of war and the depression. It acknowledges that times are hard, but it also radiates hope that things are not hopeless and context must be maintained. The hard times will pass, and things will get better if we do not allow ourselves to be paralyzed by fear. The Bible has a lot to say about that topic:

II Tim. 1:7 – *“For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”*

Psm. 56:3 – *“What time I am afraid, I will trust in thee.”*

Deut. 31:8 – *“And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed.”*

John 14:27 – *“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled neither let it be afraid.”*

Isa. 41:10 – *“Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.”*

Deut. 31:6 – *“Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee nor forsake thee.”*

Psm. 118:6 – *“The Lord is on my side; I will not fear: what can man do unto me?”*

Psm. 23:4 – *“Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me”*

With God’s help we can handle this “present distress.”